



2011 Pennsylvania Master's Cup

National Guard Armory
Roosevelt Blvd. and Southampton Road
Philadelphia, PA

January 15, 2011

610-630-8272

E-mail: eaglevilletkd@EagleTKD.com

Dear Masters, Instructors, Students, and Visitors:

Welcome to the 2011 Pennsylvania Master's Cup. This is the 12th year for this competition. We offer many excellent opportunities to win medals, not only as individuals but also as teams. The following is a list of the events we are offering at this year's Master's Cup. We encourage all students from all schools invited to participate to develop their martial arts skills and deepen their competitive experience.

- **Olympic Sparring:** this is going to be using modified WTF/USAT rules, but we are going to have a **DOUBLE ELIMINATION** format. This will ensure that each competitor will have a minimum of two matches.
- **Forms:** all black belt forms will be scored using the WTF/USAT competition forms format. Colored belt forms will be an open format. It will be a bracketed, **DOUBLE ELIMINATION** format.
- **Breaking:** will be an open event with divisions divided into age, rank and gender categories.

Instructors, we all know that the success of any tournament depends on having enough referees and judges. We invite all interested black belts 16 yrs and older to come officiate at this event. Although there will be no charge for coaching passes we do require that all coaches register at the door.

Thank you all for your support and good luck to all competitors.

Sincerely,

A handwritten signature in black ink, appearing to read 'Louis B. Giamo', written over a horizontal line.

Louis B. Giamo
Master Instructor
Eagleville Tae Kwon Do Academy

Referees and Judges

The success of any tournament depends to a great extent on having dedicated black belts to provide officiating. To show our appreciation lunch and a stipend will be provided for all judges and referees.



Schedule of Events

All competition begins at 10:00 sharp!

8:00 - Competitor Check-In at the door

9:30 - Judges/Referees Meeting

10:00 – All competition begins

- There will be no break for lunch. We will rotate referees/judges to give them an opportunity to eat lunch.
- If you are not present within one minute of your name being called to compete, you will be disqualified for that event.
- **We will start this competition at 10:00 sharp!**

PRIZES

There will be a 1st, 2nd, and 3rd place winner for the Forms and Breaking events.

There will be a 1st, 2nd, and two 3rd place winners in the individual Sparring events.

Directions

From PA N. of Philadelphia:

Take the PA Turnpike NE extension south to the E-W Turnpike. Go east to exit 351. Take the US 1 south off ramp. After getting onto US 1 south go 1.5 miles to Southampton Rd. The armory is on the left.

From PA W. of Philadelphia:

Go east on the PA Turnpike to exit 351. Take the US 1 south off ramp. After getting onto US 1 south go 1.5 miles to Southampton Rd. The armory is on the left.

From North NJ, NY and New England:

Take I-95 south to the NJ Turnpike. Get off at exit 6 to the PA Turnpike. Take the PA Turnpike to exit 351. Take the US 1 south off ramp. After getting onto US 1 south go 1.5 miles to Southampton Rd. The armory is on the left.

From South NJ:

Take the NJ Turnpike and get off at exit 6 to the PA Turnpike. Take the PA Turnpike to exit 351. Take the US 1 south off ramp. After getting onto US 1 south go 1.5 miles to Southampton Rd. The armory is on the left.

From MD, DE, and VA:

Take I-95 north to I-495 north. Keep right onto I-495 north for approximately 11.5 miles and then remerge onto I-95 north. Stay on I-95 north for approximately 34.5 miles and merge onto Woodhaven Road/PA-63 west. Go approximately 3.5 miles to the US-1 north exit. Turn onto US-1 north/Roosevelt Blvd. and go approximately 0.5 miles to Southampton Rd. The armory is on the left.

For Google Maps, GPS, etc: 2700 South Hampton Road, Philadelphia, PA 19154 (sometimes appears as Southampton Road).

On the day of the competition we can be reached at: 610-630-8272 if you require further directions or information.

Rules & Regulations

Forms Competition:

1. Only Kukkiwon Taegeuk forms will be permitted for Black Belts 10 and older.
2. Colored belt forms will be an open competition. Judging will be a bracketed format. Two competitors will perform at the same time and the judges will declare a winner. There will be a double elimination format for colored belt forms.
3. Black Belt forms will be scored using the WTF/USAT competition forms criteria. Please refer to the rules for competition forms posted at : http://eagletkd.com/mid-atlantic_poomsae_challenge.htm

Breaking: No more than three (3) stations, boards only. Competitors 13 years and younger may use the following sized boards: 1"X12"X10", 1"X12"X6", ½"X12"X9" (Demo Boards). Competitors 14 years and older MUST use boards that are 1"X12"X10". Boards will be available at the competition. Colored belts will get two (2) Chances to break at each station. ALL Black Belts will get ONE (1) chance at each station.

Olympic-style Sparring: Sparring will be conducted under a modified WTF Olympic-style competition format. All sparring divisions will be **DOUBLE ELIMINATION**. This means that each competitor is guaranteed a minimum of **TWO** fights.

1. Non-Black Belts and all Juniors 13 years and under will have matches consisting of 2 rounds of 1 minute each with a 30-second break between rounds.
2. Black Belts in the 14 and over categories will have matches consisting of 3 rounds of 1 minute each with 30-second break between rounds.
3. **In the event of a tie at the end of regulation time, we will use the sudden death over time format. In the event of a tie at the end of sudden death over time, the corner judges will use a tie breaker card and choose the winner. The corner judges will choose either blue or red on the card and hand them to the center referee.**
4. Each competitor is permitted one coach at ringside. Any more will be asked to leave the competition floor. There are no fees for coaches, but we ask you to use discretion and not have all of your Black Belts acting as coaches.

Olympic-style Safety Rules: Safety Rules shall be as follows and apply only competitors 13 years old and under. All colored and Black Belts in the 14 and over age groups will use the regular WTF rules concerning contact.

1. The competitor is encouraged to attempt kicks to the facial area, however absolute control must be exercised to or the appropriate penalty shall be assessed,
2. The competitor who executes a successful kick to the facial area (light contact without causing injury) shall be awarded 2 points,
3. The competitor who executes a kick to the facial area that results in a minor injury shall receive a one-point deduction. The competitor, who executes a kick to the facial area that results in the inability of the opponent to continue because of the injury, shall be disqualified. The Head of Court, Referee, and Judges, after consultation with the tournament physician, shall make this determination. Inability to continue because of fright, crying or the loss of will, following a legal kick to the facial area does not constitute grounds for disqualification of the attacker,

All competitors must wear Head Protector, Chest Protector, Shin/Instep Protectors, Forearm Protectors, Mouth Guard, and Male Groin Protector. **No competitor will be permitted in the ring without the proper equipment. All shin/instep, forearm, and groin protectors WILL be worn under the uniform.**

All Around Team Champion:

We will award a trophy to the TEAM that scores the most points. Each club that is participating can designate a 5 person team and include one alternate. The alternate may be substituted for one of the team members ONLY to replace an injured team member. In the case of an injury substitution, the injured player's points will be removed and the alternate's points will be used. Injury will be determined by the on site medical personnel. Again, points will be awarded to team members who place 1st through 4th in an event. Each of the team members' scores will count towards the total for that team. All team totals will be posted during the competition and the team with the highest total is the All Around Team Champion. **A club may submit as many teams as they wish to, but a person can be only be on one team. In case of a tie for any All Around Championship trophy, there will be a form off.**

*****Please Note: Any and all rules and regulations are subject to change by the Tournament Director. In the event of a rule change, all referees and competitors will be notified.**

WEIGHT/AGE DIVISIONS

(White = 10th & 9th kub; Yellow = 8th and 7th kub; Green = 6th & 5th kub;
Blue = 4th & 3rd kub; Red = 2nd & 1st kub)

Olympic-style Sparring			
AGE	BELT	MALE	FEMALE
6-9	White/Yellow Green/Blue Red/Black	Under 60 lb. 61-80 lb. Over 81 lb.	Under 60 lb. 61-80 lb. Over 81 lb.
10-11	White/Yellow Green/Blue Red Black	Under 75 lb. 75-95 lb. Over 96 lb.	Under 75 lb. 75-95 lb. Over 96 lb.
12-13	White/Yellow Green/Blue Red Black	Under 85 lb 86-105 lb. Over 105 lb.	Under 85 lb 86-105 lb. Over 105 lb.
14-17	White/Yellow Green/Blue Red Black	Under 115 lb. 115-132 lb. 133-159 lb. Over 160 lb.	Under 99 lb. 100-117 lb. 118-136 lb. Over 137 lb.
18-34	White/Yellow Green/Blue Red Black	Under 118 lb. 119-141 lb. 142-167 lb. Over 168 lb.	Under 103 lb. 104-112 lb. 113-132 lb. Over 133 lb.
35-40 41 & over	White/Yellow Green/Blue Red Black	Under 121 lb. 122-153 lb. 154-184 lb Over 185 lb.	Under 121 lb. 122-142 lb. 143-163 lb. Over 164 lb.

Forms & Breaking			
6-9	White/Yellow Green/Blue Red/Black	COED	
10-11	White/Yellow Green/Blue Red Black	ALL	ALL
12-13	White/Yellow Green/Blue Red Black	ALL	ALL
14-17	White/Yellow Green/Blue Red Black	ALL	ALL
18-34 35-40 41-50 51 & over	White/Yellow Green/Blue Red Black	ALL	ALL

PENNSYLVANIA MASTER'S CUP
OFFICIAL TEAM ENTRY FORM
(There is no charge for Team Registration!)

Team Roster for All Around Team Championship

Team Name: _____

1. _____

2. _____

3. _____

4. _____

5. _____

Alternate: _____

Please remember that the Teams must be pre-registered.

The Alternate may be used as a substitute before the competition begins or to replace an injured Team member.

The ability of an injured member to continue shall be determined by the on site medical staff. Team members may be any rank or age.

Choose your Team to take the maximum advantage of your club's talent.

A club may have as many teams as they wish however, an individual can only be a member of one team.



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eaglevilletkd@EagleTKD.com

Referee's/Coach's Registration Form

Last Name: _____ First Name: _____

E-mail: _____ Phone: (____) _____

Address: _____

City: _____ State: _____ Zip: _____

School/Club Name: _____

Referee

Coach

Mail to:

Eagleville Taekwondo Booster Club
6 N. Park Avenue
Norristown, PA 19403

Signature

Date

There is no fee for coaching, but coaches will be required to have a coach's pass to be on the floor.

Pennsylvania Masters Cup OFFICIAL COMPETITOR'S ENTRY FORM

- Please complete this form in its entirety. All entries must be POSTMARKED by January 12, 2011
- **Faxed applications will be accepted until 5:00 pm January 14, 2011 (fax to: 610-630-8020)**
- Late registration fees will be applied after **January 12, 2011**
- You must fill out the **back** of this form.
- Please **Print** all information legibly.

Last Name: _____ First Name: _____ MI: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

E-Mail: _____

Age (as of date of competition): _____ Birth Date: _____ Sex: _____
Weight: _____

Belt Rank (kub/Dan): _____ Belt Color: _____

School/Club: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Instructor's Name: _____ Rank: _____

Club E-mail: _____

College students will receive a 50% Discount with college ID

Pre-Registration: One or Two Events: \$60.00 Three Events: \$70.00

There is an additional \$20 late fee for all applications posted marked or faxed after January 12, 2011.

Registration at the door will be \$120.

Forms Breaking Sparring

(Please circle all of the events you will be entering)

Number of Events Entered: _____ Total Amount Enclosed: \$ _____

Visa/Master Card # _____ Date of Expiration: _____

Card Holder Name: _____ Signature: _____

Event Date: January 15, 2011

Make All Checks Payable To: Eagleville Taekwondo Booster Club
6 N. Park Avenue
Norristown, PA 19403-1317

You MUST fill out the back of this form to be eligible.

This release must be completed by all participants.

INSTRUCTIONS:

- 1. Applicants aged 18 and over, complete Part "A" only.
- 2. Applicants UNDER the age of 18 must have a parent or guardian complete PARTS "A" & "B".

PART "A" – WAIVER AND RELEASE FROM LIABILITY

- 1. HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE 2011 PENNSYLVANIA MASTERS' CUP, EAGLEVILLE TAEKWONDO ACADEMY, PA National Guard, the promoters, other participants, operators, officials sponsors, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases", from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the restricted area, competing, officiating in , observing, or working for, or for any purpose participating in the event or which may arise out of, traveling to, participating in, and returning from this athletic meet.
- 2. HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the release or otherwise.
- 3. HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releases or observing, or working for or for any purpose participating in the event.
- 4. EACH OF THE UNDERSIGNED expressly acknowledges and agrees that the activities at the event involve the risk of serious injury and /or death and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as any portion thereof is held valid. It is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducements apart from the foregoing written agreement have been made.

This waiver, release and indemnification agreement specially embraces each and every event authorized or promoted by said releases during the entire season to teach and every event or activity herein above mentioned, parties herein intended to be releases and indemnified shall be fully effectively released and indemnified as to each and every event herein above described.

Signed: _____ Date: _____

Witness: _____ Date: _____

PART "B" – PARENT/GUARDIAN WAIVER RELEASE FROM LIABILITY

PARENT/GUARDIAN WAIVER/RELEASE FROM LIABILITY (If applicant is under 18 years of age, the parent(s) or guardian(s) must execute in addition to the above, this following waiver).

The undersigned _____ referred to as the parent(s) and natural
(Print parent(s) or guardian(s) name)
guardian(s) or legal guardian(s) of _____, does thereby
(Print applicant's (child's) name)

represent that he/she (they) is (are), in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above as releases from all liability, loss, cost, claim or damage whatsoever may be imposed upon said releases because of any defect in or lack such capacity to so act and release said releases on behalf of both of the undersigned.

Parent (Guardian) Signature: _____ Relationship to minor: _____

Parent (Guardian) Signature: _____ Relationship to minor: _____